

Service Delivery Channels

To empower individuals and families to make healthy choices through improved access to information and high-quality, affordable sexual and reproductive health services.



Clinical Outreach Team (COT)

A fully staffed and equipped team providing a full range (spacing, long-acting reversible and permanent methods) of family planning choices to clients in public sector sites.



Mini-Clinical Outreach Team (Mini-COT)

Reaching out to young adults closer to where they live and providing information, counselling, and family planning services (spacing and long-acting reversible methods).



Family Health Centres/Clinics

A one-stop facility offering an entire range of affordable, high-quality family planning and safe abortion services in Ajmer, Alwar, Banswara, Jaipur, Kota, Udaipur, Gaya and Saharsa.



Public Sector Support (PSS)

Improving choices and quality of family planning services for clients in identified public sector sites in Rajasthan.

Advocacy



- Secretariat to Pratigya Campaign for Gender Equality and Safe Abortion.
- Published a report on 'Medical Termination of Pregnancy (Amendment) Act, 2021: A Study to Understand Awareness.'
- Hosted consultations with State Government officials and civil society organisations to advance safe abortion services and Sexual and Reproductive Health and Rights (SRHR).
- Published several articles and opinion pieces in leading dailies, including Hindustan Times, The Quint, The Diplomat and Dainik Bhaskar.
- Participated in Tweetathons, Social Media Lives, Webinars, and Panel Discussions as experts on sexual and reproductive health.

Awards and Recognition



- 'NGO of the Year 2022-2023 in Family Planning' by the Indian Social Impact Awards
- Best NGO in Family Planning by the Government of Rajasthan – 11th time in a row
- MSI Silver Award for Excellence in Clinical Standards
- Awards for Advancing Family Planning in 6 Districts of Bihar
- Awards for Advancing Family Planning in 10 Districts of Rajasthan
- Awards for Advancing Family Planning in 2 Districts of Uttar Pradesh

Empowering women to reclaim control over their own body and life

At the age of 32, Rani has 17 children. Not only did these pregnancies severely impact her health, but they also had financial ramifications for the family. Her husband, the family's sole bread-winner, is a daily-wage labourer. Being able to provide sufficient food for their family, including 17 children, is already a daunting task and the fear of another pregnancy was adding to Rani's worries, thus affecting her physical as well as mental well-being. During a mobilisation camp near Bikaner, Rajasthan, FRHS India team members learned about Rani's condition. FRHS India team reached out to her, and counselled her about the contraceptive options available and ways she can prevent/terminate unwanted pregnancies.

Rani shared, *"Having the right information about contraceptive services has helped me make informed decisions about my life. I thank FRHS India for counselling me about family planning services and for supporting me in accessing quality services for my preferred contraceptive method. This decision has transformed my life. I am delighted as I no longer need to worry about unwanted pregnancies. I pledge to support FRHS India in raising awareness in my community so that more women can make decisions about their bodies and future."*

Support Us

Our work enables women and men to choose when and how many children they want and to improve the quality of life for themselves and their families. Join us in creating a world where every child is wanted, and every woman is healthy.

Donate Now: <https://www.frhsi.org.in/donate/donate.php>

Our dedicated call centre is available Monday to Saturday, from 9.30 a.m. to 6 p.m.

For personalised support, counselling, and access to comprehensive sexual and reproductive health services, call us: 7590870908 (toll-free)

For more details, please contact: info@frhsi.org.in

Headquarter

B-37, Gulmohar Park, New Delhi - 110049

+91 11 49840000

www.frhsi.org.in

Follow us on:

@Foundation for Reproductive Health Services India

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India's No. 1 provider of clinical family planning services in the NGO and the private sector. FRHS India hosts the largest coalition for safe abortion care in the country.

Children by Choice, Not Chance

About FRHS India

Foundation for Reproductive Health Services India (FRHS India) is an affiliate of MSI Reproductive Choices, a global organisation providing personalised contraception and safe abortion services across 37 countries. Since 2009, FRHS India has enabled women and men to exercise their sexual and reproductive rights and choices by providing information and services in the states of Bihar, Jharkhand, Madhya Pradesh, Rajasthan, and Uttar Pradesh.

Our Values



Mission-driven: With unwavering commitment, we exist to empower everyone to have children by choice, not chance.



Client-centred: We are dedicated to our clients and work tirelessly to deliver high-quality, high-impact services that meet their needs.



Accountable: We are accountable for our actions and focus on results, ensuring long-term sustainability and increasing the impact of partnerships.



Courageous: We recruit and nurture talented, passionate and brave people who dare to push boundaries, make tough decisions and challenge others in line with our mission.



Inclusive: We believe that diversity is a strength. We all play our part in creating a culture where every team member can thrive, feel valued and contribute meaningfully to our mission and where all our clients feel welcome and supported.



Resilient: In challenging situations, we support each other, adapting and learning to find solutions, whatever we're up against.

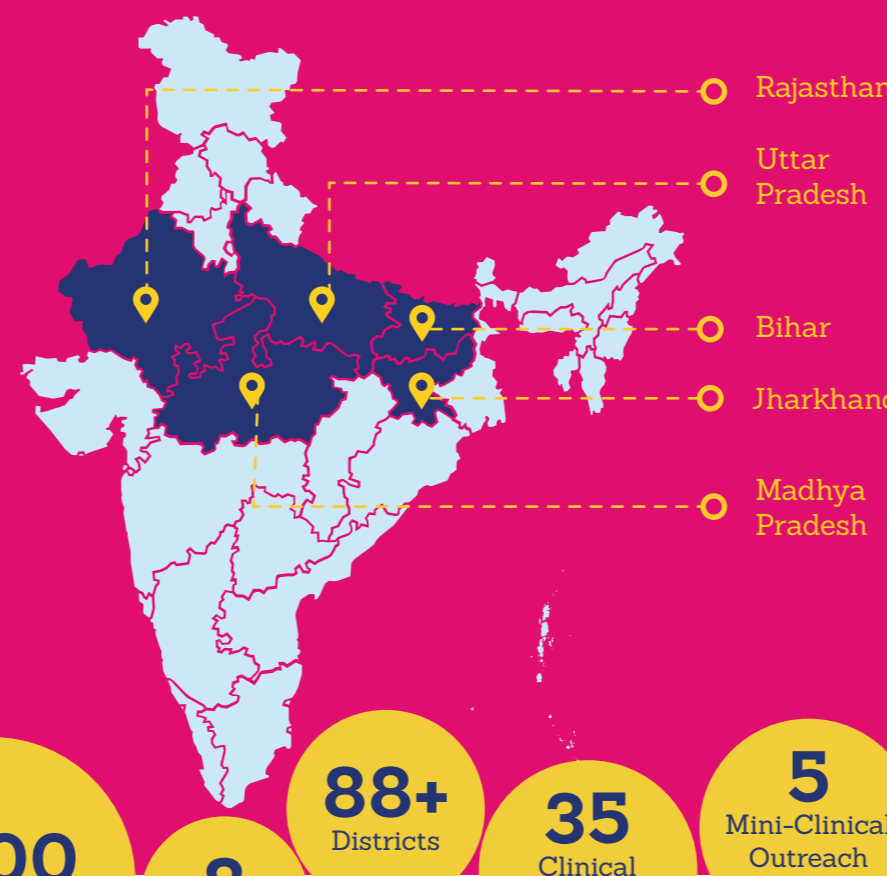
Our Mission

To empower individuals and families to make healthy choices through improved access to information and high-quality, affordable sexual and reproductive health services.

Children by Choice, Not Chance

Our Reach

Headquartered in New Delhi, we work in states and districts with a high unmet need for family planning and a high fertility rate. We operate in Bihar, Jharkhand, Madhya Pradesh, Rajasthan, and Uttar Pradesh. We deliver quality family planning services in 1300 public sector facilities. The locations where we provide our services are often the most difficult to reach.



5 States

700+ Team Members

1300 Public Sector Facilities

8 Clinics

88+ Districts

35 Clinical Outreach Teams

5 Mini-Clinical Outreach Teams

Our Clients and their Experiences

23% of clients are living in multidimensional poverty



80% of clients do not have an alternative provider for their method



74% of clients never used family planning



96% of clients are satisfied with our services



98% of clients believe FRHS India exceeded their expectations



Impact

Our efforts have transformed the communities in which we work by providing solutions to couples with limited means of preventing unwanted pregnancies.

We offer women and men a complete basket of choices on reproductive health services, enabling them to make informed choices on when and how many children they want/have.

Clients Served in 2022

1,99,055

clients counselled on family planning and safe abortion services

14,130

Intrauterine Contraceptive Device (IUCD) services provided

1,79,239

clients provided family planning and safe abortion services

1,982

No-Scalpel Vasectomy (NSV) services provided

1,61,456

Tubal Ligation (TL) services provided

1,599

Safe Abortion (SA) services provided

Our Impact in 2022

21,71,418

Couple Years of Protection (CYPs) generated

33,145
Unsafe abortions averted

61
Maternal deaths averted

91,836
Unintended pregnancies averted

